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**WRIGHT & ZELAZNY**  
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*Family and Cosmetic Dentistry*  
[www.wzdds.com](http://www.wzdds.com)

Produced for the patients of  
**David A. Wright, D.D.S. & Donald J. Zelazny, D.D.S.**

**Summer 2008**

**DENTAL TEAM**

**Office Manager:**  
Julie

**Receptionists:**  
Barb  
Charlene  
Sheree

**Hygienists:**  
Karen  
Mary  
Jennifer M.  
Michele  
Angela  
Amy  
Jeanette  
Jennifer S.  
Maureen

**Dental Assistants:**  
Angee  
Pettisha  
Patti  
Krista  
Nicole  
Kara  
Jeanie

**Bloomfield comes home to Franklin**

*Exciting news!*



For over 20 years, people have commented that the Waterford/Clarkston office has felt so comfortable because of its “homey” feel.

Our patients clearly have enjoyed the mix of close parking, casual surroundings, and the safe ambience of that office, which was built to resemble a house. As much as we have enjoyed the nice suite we have had in Bloomfield, it just wasn’t the same.

Therefore, we are excited to announce that we have literally found a “home” for our Bloomfield office. Dr. Paul Mullin is retiring after 45 years of practice, and we have moved into his converted 1830s farmhouse in historic Franklin. We are almost neighbors with the famous Franklin Cider Mill! We will be pleased to add his patients into our dental family, too.

The new office is only eight miles from the present location, located on Franklin Rd., just south of 14 Mile Rd. Franklin Rd. is just west of Telegraph. **It is just ten minutes from the old location in “normal” traffic, so we certainly hope that all of our previous patients will follow us to Franklin.**

When you get there, you will see that we have begun redecorating the clinical area, but we have not touched the entrance and waiting room. We hope to renovate these areas as well in the coming two years. The sign in front of the building will still say “Paul Mullin, D.D.S.” until early fall, when our new sign is ready. Nonetheless, while some of the building

shows a little wear, it certainly has incredible charm. The wraparound porch alone is darn cool!

This move will allow us to expand our hours as well. We will be open Monday through Thursday and may add an occasional Saturday. Our Waterford/Clarkston office will retain the same convenient Monday-through-Saturday hours that we have had for years. Dr. Zelazny and I will staff the two offices, much as we have been doing, with both of us splitting our time fairly evenly between the two offices.

I can’t tell you how excited I am to make this change. When we “mapped out” the location of our Franklin practice, we saw that this office would be as close or closer for over half our Bloomfield patients. In addition, we found that a good number of those Bloomfield patients who live north of Bloomfield are actually closer to the Waterford/Clarkston location. In short, we encourage you to go to whichever office is easiest for you. We are just incredibly grateful for your patronage.

Change can be hard, but I hope this change is not so tough. Once you see the new “digs,” I am sure you will understand why we are incredibly excited! Again, thanks for allowing us to care for you!

*Dr. Dave*



*Our Waterford/Clarkston office*

**Thank you for all your referrals. We appreciate them!**

## Wright thoughts

The Wright family has had a crazy first six months of the year. All three kids had successful academic years (meaning they will be allowed back next year), and all three kept pretty busy with their sports, music, drama, and other activities. Unfortunately, Natalie, our oldest, who is going into her sophomore year at Birmingham Seaholm High School, fractured her ankle in May playing Seaholm softball. Yep, she inherited my wonderful athletic grace. She had surgery and will be casted up through mid-summer. All three of them normally swim on a summer swim team, so this year the other two definitely miss having their sister on the team.

Daniel is going into eighth grade at St. Regis School in Birmingham, and Julia is entering fifth grade at Holy Name in Birmingham. Three kids in three different schools...no wonder we are so scattered! Peggy's speech pathology private practice continues along nicely (she tries hard to keep it at less than three days a week), and our family's health has been, all things considered, pretty good. We know how lucky we are, but we don't always remember to be as thankful for it as we should.

Our thoughts are with all of our friends, family, and neighbors who are suffering in this changing economy. Also, we are keeping those in the military in our thoughts and prayers. **I wonder how history will describe what we are going through right now.** I feel like we are going through a fundamental change that we may only understand years from now. I don't even mean that in a bad or pessimistic way. Some of the greatest industries, ideas, and opportunities in our country's history have resulted from dramatic times of change. I pray that each of us has the presence of mind, the optimism, and the energy to move forward and create a new era of success. Good luck and God bless to all of you!

## Do you hate your CPAP?

Many reading this will say, "What the heck is a CPAP," but a small number of you will emphatically answer, "YES, I hate that thing!" For the lucky ones who don't know what a CPAP is, it is a "breathing machine" used by people with sleep apnea. It goes by other less flattering names as well, such as "hose to the nose."

The machine straps to the user's face and forces oxygen into the body during sleep. The CPAP is the gold-standard treatment for sleep apnea, but the machine is bulky and for many, quite uncomfortable. Fortunately, there are alternatives for many people suffering from sleep apnea, including oral appliances that we can make for you. In certain situations, these can eliminate the need for the CPAP.

If you travel frequently and are tired of lugging your CPAP along (and struggling to remove it from your bags at security), you may consider an oral appliance for travel. If you have questions about a CPAP or sleep apnea, ask to speak with **Dr. Z**; he can answer all your questions! Pleasant dreams!

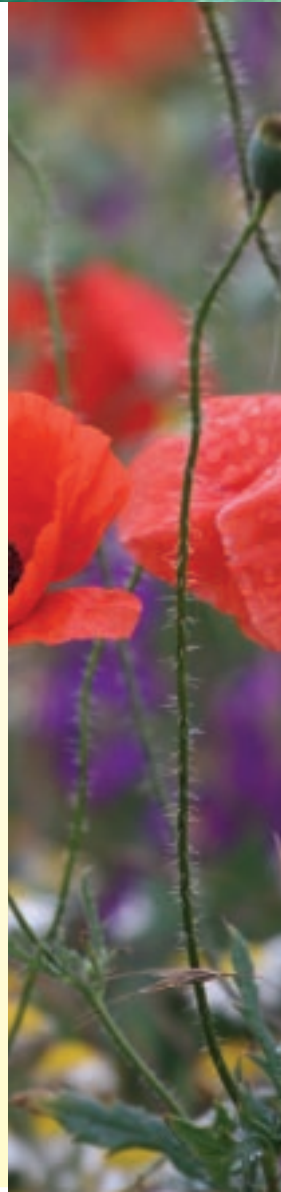
## UPDATE ON THE Z'S

A few years ago when we purchased our practice in Bloomfield Hills, my family decided to move from Oxford to a closer location. We now live in Oakland Township near the Bald Mountain Golf Course. My son Andrew will be in first grade this year and my four-year-old daughter Tessa has one more year of "seasoning" before kindergarten. They are both at that age where they are testing their independence (especially Tessa), and their brains are like sponges. They don't forget a thing.

Tessa still talks about having gummy bears at the hotel in "Fransancisco" last year (oh the curse of being a dentist's child). No longer can we use code words or spell things out in front of them. They now know what the "cement pond" is. We don't dare say i-c-e c-r-e-a-m out loud either.

Andrew is my vehicle fanatic. He has his favorite stunt pilot (Sean Tucker) and his favorite monster truck driver (Dennis Anderson, who drives "Gravedigger"). Tessa is my computer kid. Nothing makes her happier than sitting in her underwear, sucking her thumb (yikes!), and shooting chickens in her "Chicken Invaders" game.

Unfortunately, Ida Know has moved into our house. We know she's here, although we never see her. ("Who spilled this milk here?... "Ida Know.") Soccer, golf, and swimming lessons have started, and from what we hear, it just goes downhill from here. Fortunately, Michelle and I like going downhill and are looking forward to it!



# “STAYCATIONS”

With the present cost of a tank of gas, many families are opting to “stay” close to home this summer, enjoying what is being termed a “staycation.” **Dr. Dave** and I tried to come up with some of our favorite local places or attractions that you may not have heard of. While you are enjoying these places, we will be trying to figure out if we still need to pay our employees for “staycation hours”!

For families who like sports but may want to try something a little different, we suggest “feather bowling” (seriously) at the Cadieux Café on the east side (**313-882-6832**). Call well ahead, reservations are necessary. Bocce ball at the Palazzo di Bocce in Lake Orion is also fun ([www.palazzodibocce.com](http://www.palazzodibocce.com)). For a rowdy, fun time, try Whirlyball, essentially basketball played with trackball racquets while driving electric carts. This is great for a group party. Shelby Township has “courts,” and there is an excellent facility in Novi as well ([www.whirlyballwest.com](http://www.whirlyballwest.com)).

Not a “sports enthusiast”? One of **Dr. Dave’s** favorite places to go is Stratford, Ontario, to the Stratford Shakespeare Festival. It is 2.5 hours away, but the quaint town makes a great backdrop for the festival. Apparently the DIA renovation is spectacular. Another suggestion is to take the Amtrak train to Battle Creek. Within walking distance are the “Cereal City” Museum and a water park (Full Blast). We recently took our entire staff on the Amtrak train all the way to Chicago and had a great time. You might also consider a boat tour on the Detroit River with Diamond Jack’s ([www.diamondjack.com](http://www.diamondjack.com)).

If you like auto racing but don’t want the hassle of MIS, there are many smaller tracks around that offer inexpensive viewing. Close to our Waterford office is Waterford Hills Road Course ([www.waterfordhills.com](http://www.waterfordhills.com)). Other nearby tracks are the Dixie Motor Speedway in Birch Run and the Auto City Track in Clio. Lapeer also has a dragway that some of our patients race at. I don’t know a thing about cars, but these places are fun and inexpensive. Baseball enthusiasts—if you like baseball but don’t want to fight the Comerica crowds, keep in mind that there are other teams you can see. The Toledo Mud Hens are right down the road. Taking in a Lansing Lugnuts game is really fun and affordable. There is even a new team, the Michigan Loons, in a beautiful new stadium in Midland. If you are going to visit the beautiful beaches at Muskegon State Park, you could catch a West Michigan Whitecaps game on the way!

For the nature lover, our area has endless opportunities. Oakland County alone has more natural lakes (about 1,400) than any other county in the state. There are over 89,000 acres of parkland in the county as well. If you like trails, besides all the parks, Michigan boasts more rail-trail miles than any other state except Wisconsin. Take the family out for a walk or a ride! If you have young children, Kensington Metro Park offers a nice petting zoo to go along with wonderful beach and bike trails. In fact, all of the metroparks ([www.metroparks.com](http://www.metroparks.com)) offer unique and affordable activities.

Of course, all this activity will make you hungry. Try the Dakota Inn Rathskeller on John R in Detroit ([www.dakota-inn.com](http://www.dakota-inn.com)), where you can enjoy traditional German food. Go on a night they have a sing-along for a memorable evening. Do you like Polish food? If so, Under the Eagle and Polish Village Café in Hamtramck are great.

There are other places to check for events close to home, including [michiganfun.com](http://michiganfun.com) and [www.greatstufftodo.com](http://www.greatstufftodo.com). With a little research and planning, you will find that there really is great stuff to do in our area. Enjoy your staycations!

*Dr. Don*



## Wright & Zelazny, D.D.S., P.C.

4152 Sashabaw Road  
Waterford, MI 48329

Here's your  
dental newsletter!

RETURN SERVICE REQUESTED

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The information included in this newsletter is not intended as a substitute for dental advice. For your specific information, be sure to consult our office.

# TGIF = Implant Day at our Waterford office

Our last newsletter announced that I was performing the surgical placement of dental implants after 20 years of doing the prosthetic portion of this wonderful treatment.

I am happy to announce that it has taken off so well that I now dedicate my Fridays to placing implants. So TGIF in our office now means "Thank Goodness it's Implant Friday"! My staff and I have really enjoyed providing this helpful care. I want to thank the many patients who stepped forward and elected to be among my first patients. Since so many did so, it is now getting to be fairly routine.

By the way, we have been amazed at how little discomfort most of our patients experience after the procedure. Most patients have also remarked at how easy the procedure was. The complexity actually varies quite a bit, so the more complex the procedure, the more post-op discomfort that will be present. But in most surgeries, where no "grafting" is needed, people report back a week later without having needed the strong pain medications we have provided for them.

I used to say that an implant going in had the same discomfort as a tooth coming out. I have had to modify this to say that an "implant going in" causes *far less discomfort* than a tooth coming out, in most cases.

Implants have made life better for so many patients that I cannot imagine practicing dentistry without them.

Two "barriers" have kept some patients from seeking this important care in the past: fear of surgery and the cost of treatment. My mission for getting into implant surgery was to overcome this by making the surgery less intimidating and by lowering the cost of the care. It is "so far, so good," as we have made great strides in both areas. I guess that explains why Fridays are now TGIF.

Please ask Dr. Z, my staff, or me about implants if you have any missing teeth. We would be happy to let you know if you are a candidate for this advanced dental care.

Dr. Dave



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### Office Hours

Monday	9:00 a.m.-6:00 p.m.
Tuesday	7:00 a.m.-5:00 p.m.
Wednesday	8:00 a.m.-8:00 p.m.
Thursday	8:00 a.m.-5:00 p.m.
Friday	8:00 a.m.-2:00 p.m.
Saturday	8:00 a.m.-2:00 p.m.

### Appointment and Emergency

Phone: (248) 673-0505

Franklin Office  
32767 Franklin Road  
Franklin, MI 48025

### Office Hours

Monday	9:00 a.m.-6:00 p.m.
Tuesday	7:00 a.m.-5:00 p.m.
Wednesday	8:00 a.m.-1:00 p.m.
Thursday	8:00 a.m.-5:00 p.m.

### Appointment and Emergency

Phone: (248) 626-4232



Have  
healthy  
teeth  
for life!

Call us for an appointment.